**SARAH ANDREWS**

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**OBJECTIVE**

Looking for a Caregiver position where I can bring into work my compassionate nature and caring skills for the betterment of the society.

**SKILLS**

* Skilled in assisting patients with activities essential in their daily lives
* Knowledgeable in attending to skin, nail and oral care needs of the patients
* Experienced in checking blood pressure, pulse, respiration, temperature and other vital signs
* Hands on experience in assisting patients in toileting, shower, dressing, bathing and maintaining their personal hygiene
* Knowledgeable in preparing nutritious meals for patients
* Ability to remember drugs and their administration timings
* Skilled in performing light housekeeping, pet care and providing companionship

**PROFESSIONAL EXPERIENCE**

**PSA Healthcare – Sacramento, California**

**(2012- Present)**

*Caregiver*

* Catered to the recreation, dinning needs and other assigned tasks for the residents
* Responsible for light housekeeping tasks
* Prepared and fed nutritious meals to the patients
* Participated in daily meetings for better care
* Helped patients bathe, groom, toileting and other tasks

**Sutter Health – Sacramento, California**

**(2011-2012)**

*Nurse Aide*

* Attended to patients unable to feed themselves
* Changed the sheets and rotated the beds in proper nursing manner
* Cleaned up all the spills and prevented any mishap
* Assisted nurses needing help for specific patient tasks
* Took a note of unusual changes in patient’s condition

**EDUCATION**

* Masters in Nursing from Sacramento Medical University
* Licensed Nursing Assistant

**OTHER SKILLS**

* Ability to multi task
* Good verbal communication
* Ability for long periods

DATE:

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 Signature of Sarah Andrews